

Route Data Table	English		
South Station (Train Terminal) 700 Atlantic Ave, Boston, MA 02205	Total	Daily	Cue
Head northwest	0.0	0.0	40ft
Left toward Atlantic Ave	0.0	0.0	80ft
Right onto Atlantic Ave	0.0	0.0	0.7
Continue onto Cross St	0.8	0.8	0.2
Slight right to stay on Cross St	1.0	1.0	560ft
Slight right onto N Washington St	1.1	1.1	0.5
Slight right onto Freedom Trl	1.6	1.6	620ft
Left onto Warren St	1.7	1.7	0.3
Continue onto Dexter Row	2.0	2.0	170ft
Continue onto Main St	2.1	2.1	0.7
Left to stay on Main St	2.7	2.7	490ft
At the traffic circle, take the 1st exit onto Alford St	2.8	2.8	0.8
Continue onto Broadway	3.6	3.6	0.6
At the traffic circle, take the 3rd exit onto Main St	4.3	4.3	620ft
Right onto School St	4.4	4.4	90ft
Destination will be on the right	4.4	4.4	
Backpackers Hostel & Pub 13 School St, Everett, MA 02149	4.4	0.0	
Head southwest on School St toward Main St	4.4	0.0	90ft
Right onto Main St	4.4	0.0	180ft
Left onto West St	4.4	0.1	490ft
Slight left onto Wellington Ave	4.5	0.1	110ft
Right onto Northern Strand Community Trl	4.6	0.2	890ft
Continue straight to stay on Northern Strand Community Trl	4.7	0.3	0.5
Slight left to stay on Northern Strand Community Trl	5.3	0.9	0.9
Left onto Main St	6.2	1.8	0.2
Left to stay on Main St. Pass by McDonald's (on the right in 8.3 km)	6.4	2.0	5.4
Right onto Water St	11.8	7.4	100ft
Destination will be on the right	11.9	7.5	
Hart's Ace Hardware 442 Main St, Wakefield, MA 01880	11.9	0.0	
Head west on Water St toward Main St	11.9	0.0	100ft
Right onto Main St	11.9	0.0	1.5
Left onto MA-129 W/Lowell St. Continue to follow MA-129 W	13.4	1.5	0.2
At the traffic circle, take the 2nd exit onto Haverhill St	13.6	1.7	3.9
Right onto Park St	17.5	5.6	0.3

Continue onto Washington St	17.8	6.0	0.2
Left onto Orchard Dr	18.1	6.2	0.4
Right onto Susan Dr	18.5	6.6	520ft
Left onto Strawberry Ln	18.6	6.7	0.5
Right onto Equestrian Dr	19.1	7.2	0.3
Left onto Bishops Way	19.4	7.5	0.5
Left onto Castle Rd	19.9	8.1	820ft
Right onto Marblehead St	20.1	8.2	0.5
Continue onto Forest St	20.6	8.7	1.4
Left onto Lake St	21.9	10.1	0.3
Right onto MA-114 E	22.2	10.4	280ft
Left onto Debush Ave	22.3	10.4	0.2
Left onto Essex St	22.5	10.7	2.2
Continue onto Salem St	24.7	12.8	1.2
Right onto Ingalls St	25.9	14.0	0.5
Right onto Forest St	26.4	14.5	0.2
Slight left onto Lacy St	26.6	14.7	1.2
Continue onto Brookview Rd	27.8	15.9	0.6
Slight right onto Lawrence Rd	28.3	16.5	0.4
Keep left to stay on Lawrence Rd	28.7	16.9	100ft
Left onto Main St	28.7	16.9	0.5
Right onto Sheffield Rd	29.3	17.4	0.7
Left onto Herrick Rd	29.9	18.1	1.1
Right onto Ipswich Rd	31.0	19.1	0.4
Left onto Baldpate Rd	31.4	19.6	0.9
Continue onto Nelson St	32.4	20.5	1.0
Left onto MA-97 N/Central St	33.4	21.5	1.1
Continue onto North St	34.5	22.6	2.9
Continue onto Main St	37.4	25.5	1.9
Continue onto South St	39.3	27.4	0.8
Left onto Turkey Hill Rd	40.1	28.2	2.1
Left to stay on Turkey Hill Rd	42.1	30.3	0.4
Right onto Crow Ln	42.5	30.7	0.2
Left onto Virginia Ln	42.8	30.9	0.5
Left onto Lt Leary Dr	43.3	31.4	90ft
Right onto Daniel Lucy Way	43.3	31.5	90ft
Right onto Storey Ave	43.3	31.5	0.4
Left	43.7	31.9	0.2
Right	43.9	32.1	330ft
Right	44.0	32.1	1.2
Continue onto William Lloyd Garrison Trl	45.2	33.4	0.7
Right onto MA-110 E	45.9	34.1	80ft

Left onto Rabbit Rd	45.9	34.1	1.9
Continue onto Main St	47.8	35.9	0.2
Left	48.0	36.2	290ft
Right	48.1	36.2	160ft
Left	48.1	36.3	120ft
Destination will be on the left	48.2	36.3	
Black Bear Campground 54 Main St, Salisbury, MA 01952	48.2	0.0	
Head south toward Main St	48.2	0.0	390ft
Left onto Main St. Entering New Hampshire	48.2	0.1	0.6
Continue onto Smith Rd/Smiths Ln	48.8	0.7	90ft
Slight left onto Smith Rd	48.9	0.7	390ft
Slight right onto Walton Rd	48.9	0.8	0.7
Right onto Washington St	49.7	1.5	80ft
Right to stay on Washington St	49.7	1.5	0.2
Left onto Lower Collins St	49.9	1.8	0.2
Right onto Brown Ave	50.2	2.0	950ft
Left onto NH-286 E Passing through Massachusetts. Entering New Hampshire	50.4	2.2	1.7
Left onto NH-1A N/Ocean Blvd	52.1	3.9	2.0
Right to stay on NH-1A N/Ocean Blvd	54.0	5.9	2.2
Slight left onto NH-101E E	56.2	8.1	1.9
Slight right onto Mill Rd	58.1	10.0	2.1
Left onto Pine Rd	60.2	12.0	0.5
Left onto NH-111 W	60.7	12.5	1.4
Sharp right onto NH-151 N/Post Rd. Continue to follow NH-151 N	62.1	14.0	4.8
Continue onto Portsmouth Ave	67.0	18.8	0.7
Left onto Newington Rd	67.7	19.6	2.2
Continue onto McIntyre Rd	69.9	21.8	1.3
Right onto Little Bay Rd	71.3	23.1	0.6
Left onto Nimble Hill Rd	71.9	23.7	1.1
Left onto Shattuck Way	73.0	24.8	0.6
Right	73.6	25.5	0.8
Continue onto Hilton Dr	74.4	26.3	0.2
Slight left	74.6	26.5	0.3
Continue onto Dover Point Rd	75.0	26.8	0.4
Right to stay on Dover Point Rd	75.4	27.2	1.8
169 Dover Point Rd Dover, NH 03820	77.2	29.0	
Destination will be there	77.2	29.0	
Head north on Dover Point Rd toward Beaumont Dr	77.2	0.0	1.9
Continue onto Stark Ave	79.1	1.9	0.6
Continue straight onto Central Ave	79.7	2.5	0.4

Left onto Silver St	80.1	3.0	0.7
At the traffic circle, take the 3rd exit onto NH-9	80.8	3.6	0.5
Right onto NH-9 W/Littleworth Rd. Continue to follow NH-9 W	81.4	4.2	8.6
Slight right onto NH-126 N	90.0	12.8	1.2
Left onto US-202 W	91.2	14.0	0.2
Right onto NH-126 N	91.4	14.2	1.7
Right onto Sloper Rd	93.1	15.9	1.6
Left onto NH-202A W	94.7	17.5	1.4
Continue onto NH-126 N	96.1	19.0	9.6
Left onto NH-28 S/Suncook Valley Rd	105.7	28.5	8.6
Slight right onto Main St	114.3	37.2	0.5
Left onto Deer Meadow Rd	114.8	37.7	0.7
Right onto NH-28 S	115.5	38.3	1.1
Destination will be on the left	116.6	39.4	
Epsom Valley Campground 990 Suncook Valley Hwy S, Epsom, NH 03234	116.6	0.0	
Head north on NH-28 N toward Gauthier Dr	116.6	0.0	0.3
Left onto Granny Howe Rd	116.9	0.3	1.6
Continue straight onto Main St	118.4	1.9	0.6
Continue onto Canterbury Rd	119.1	2.5	2.1
Right onto Chichester Rd	121.1	4.5	1.7
Continue onto S Village Rd	122.8	6.2	0.9
Left onto School St	123.7	7.1	2.6
Left onto School St	126.3	9.8	2.6
Continue onto Hoit Rd	128.9	12.4	3.6
At the traffic circle, take the 2nd exit	132.6	16.0	0.2
Continue onto US-4 W	132.7	16.2	0.2
Left	133.0	16.4	330ft
Left toward Commercial St	133.0	16.5	310ft
Right toward Commercial St	133.1	16.5	130ft
Right onto Commercial St	133.1	16.6	660ft
Continue onto River Rd	133.3	16.7	0.3
Right onto Northern Rail Trail	133.5	17.0	30.5
Take the pedestrian tunnel	164.0	47.5	0.5
Continue onto Northern Rail Trail	164.5	48.0	5.5
Right onto Prescott Hill Rd	170.0	53.4	150ft
Left onto US-4 W	170.0	53.5	180ft
Right onto Library Rd	170.1	53.5	820ft
Grafton New Hampshire	170.2	53.6	
Destination will be there	170.2	53.6	
Head west on Library Rd toward US-4 W	170.2	0.0	820ft
Left onto US-4 E	170.4	0.2	180ft

Right onto Prescott Hill Rd	170.4	0.2	150ft
Right onto Northern Rail Trail	170.4	0.2	7.5
Slight right onto US-4 W/Mascoma Valley Rd	178.0	7.7	0.3
Right onto Canaan St	178.2	8.0	1.1
Right onto Fernwood Farms Rd	179.3	9.1	1.0
Left onto Crescent Rd Restricted usage road	180.3	10.1	620ft
Slight left to stay on Crescent Rd Restricted usage road	180.4	10.2	150ft
Left Restricted usage road	180.4	10.2	100ft
Destination will be on the left	180.5	10.2	
Crescent Campsites Canaan, NH 03741	180.5	0.0	
Head northeast toward Crescent Rd Restricted usage road	180.5	0.0	100ft
Right onto Crescent Rd Restricted usage road	180.5	0.0	790ft
Left onto Fernwood Farms Rd	180.6	0.2	2.6
Slight right onto Larry Pond Rd/Stevens Rd	183.2	2.8	1.3
Continue onto NH-118 N	184.5	4.1	3.9
Right onto River Rd	188.4	7.9	4.2
Right onto NH-118 N	192.6	12.2	2.9
Left onto NH-118 N/NH-25 W	195.5	15.1	3.8
Right onto East Side Rd	199.3	18.9	1.9
Left to stay on East Side Rd	201.3	20.8	0.7
Right onto NH-118 N/NH-25 W	202.0	21.5	0.9
Left onto Warren Corridor 5 Trl	202.9	22.4	0.9
Continue onto New Hampshire Rte 25C W	203.7	23.3	40ft
Slight right onto Warren Corridor 5 Trl	203.8	23.3	4.7
Continue onto Warren E. Haverhill Railroad Grade Trail	208.5	28.0	4.8
Slight left onto Mt Moosilauke Hwy	213.3	32.8	160ft
Left onto NH-25 W	213.3	32.8	2.4
Right onto Brushwood Rd	215.7	35.3	2.6
Right onto County Rd	218.3	37.9	1.7
Continue onto French Pond Rd	220.0	39.5	4.2
Left onto NH-112 W	224.2	43.7	2.4
Left	226.5	46.1	190ft
Right	226.6	46.1	50ft
Destination will be on the left	226.6	46.1	
Twin River Campground & Cottages U.S. 302 &, NH-112, Bath, NH 03740	226.6	0.0	
Head southeast	226.6	0.0	50ft
Left toward NH-112 W	226.6	0.0	190ft
Left onto NH-112 W	226.6	0.0	430ft
Right onto US-302 E	226.7	0.1	1.2

Slight left onto Lisbon Rd	227.9	1.3	310ft
Left onto W Bath Rd	227.9	1.4	0.5
Right onto Pettyboro Rd	228.4	1.8	1.2
Continue onto Pettiboro Rd	229.6	3.1	0.5
Continue onto Pettyboro Rd	230.1	3.5	0.6
Right onto Dodge Rd	230.7	4.2	1.5
Continue onto Bath Rd	232.2	5.7	1.2
Continue onto West St/Young Rd	233.5	6.9	0.4
Right onto School St	233.8	7.3	0.2
Right onto Dartmouth College Rd/S Main St	234.0	7.5	50ft
Left onto Depot St	234.0	7.5	430ft
Right onto Witcher St	234.1	7.5	30ft
Left onto Ammonoosuc Rail Trail (Littleton to Woodsville)	234.1	7.6	0.4
Slight right onto Dartmouth College Rd/N Main St	234.6	8.0	130ft
Slight left onto Ammonoosuc Rail Trail (Littleton to Woodsville)	234.6	8.0	9.0
Left onto Industrial Park Rd	243.6	17.0	490ft
Right onto Riverside Dr	243.7	17.1	0.6
Slight left	244.2	17.7	0.3
Left onto Riverglen Ln	244.5	18.0	890ft
Left onto Cottage St	244.7	18.1	390ft
Right onto Union St	244.8	18.2	50ft
Littleton New Hampshire 03561	244.8	18.2	
Destination will be there	244.8	18.2	
Head west on Union St toward Cottage St	244.8	0.0	50ft
Continue onto NH-18 N/Main St	244.8	0.0	2.2
Left onto NH-135 S/NH-18 N	247.0	2.2	5.0
Right toward NH-135 S/NH-18 N	252.0	7.2	80ft
Left toward NH-135 S/NH-18 N	252.0	7.2	100ft
Right onto NH-135 S/NH-18 N	252.0	7.3	0.7
Slight right onto NH-18 N. Entering Vermont	252.8	8.0	0.3
Continue onto VT-18 N	253.1	8.3	7.8
Left onto US-2 W	260.9	16.2	660ft
Destination will be on the left	261.1	16.3	
Moose River Campground 2870 Portland St, St Johnsbury, VT 05819	261.1	0.0	
Head southwest on US-2 W/Portland St toward Spaulding Rd	261.1	0.0	2.5
Right onto Weeks Ct	263.6	2.5	920ft
Left onto Bay St	263.8	2.7	0.7
Left onto Main St	264.5	3.5	170ft
Right onto Lamoille Valley Rail Trl	264.6	3.5	0.9

Slight left to stay on Lamoille Valley Rail Trl	265.5	4.4	11.5
Slight left to stay on Lamoille Valley Rail Trl	277.0	15.9	1.6
Slight left to stay on Lamoille Valley Rail Trl	278.6	17.5	820ft
Slight right to stay on Lamoille Valley Rail Trl	278.8	17.7	6.9
Keep right to stay on Lamoille Valley Rail Trl	285.7	24.6	5.9
Slight right onto Tousant Hill Rd	291.6	30.5	1.0
Destination will be on the right	292.6	31.5	
Vermont Freedom Campground 218 Tousant Hill Rd, Greensboro Bend, VT 05842	292.6	0.0	
Head south on Tousant Hill Rd toward School House Rd/Town Hwy 12	292.6	0.0	1.0
Sharp right onto Lamoille Valley Rail Trl	293.6	1.0	7.1
Slight left to stay on Lamoille Valley Rail Trl	300.7	8.1	4.5
Slight left onto VT-15 W	305.2	12.6	50ft
Right toward Lamoille Valley Rail Trl	305.2	12.6	40ft
Left onto Lamoille Valley Rail Trl	305.2	12.6	4.2
Right onto Corley Rd	309.4	16.8	430ft
Left onto VT-15 W	309.4	16.9	2.4
Left	311.8	19.2	200ft
Destination will be on the right	311.8	19.3	
Mountain View Campground 3154 VT-15, Morristown, VT 05661	311.8	0.0	
Head west toward VT-15 E	311.8	0.0	200ft
Left onto VT-15 W	311.9	0.0	1.4
Left onto VT-15A W	313.3	1.5	0.2
Right onto Lamoille Valley Rail Trl	313.5	1.7	1.9
Take the pedestrian overpass	315.4	3.5	3.2
Slight left to stay on Lamoille Valley Rail Trl	318.5	6.7	3.5
Slight left to stay on Lamoille Valley Rail Trl	322.1	10.2	1.3
Slight right to stay on Lamoille Valley Rail Trl	323.4	11.5	330ft
Continue straight to stay on Lamoille Valley Rail Trl	323.4	11.6	7.1
Slight right to stay on Lamoille Valley Rail Trl	330.5	18.7	9.8
Slight right to stay on Lamoille Valley Rail Trl	340.3	28.4	0.2
Right onto Reads Rd/Whiteland Dr/Whiteland Dairies	340.5	28.7	10ft
Left onto VT-36	340.5	28.7	150ft
Right onto New St	340.5	28.7	80ft
Left onto Lamoille Valley Rail Trl	340.5	28.7	20.8
Right onto Grand Ave	361.4	49.5	0.5
Left onto Merchants Row	361.8	50.0	0.2
Continue onto Depot St	362.0	50.2	190ft
Slight right onto VT-78 W/N River St	362.0	50.2	5.4
Left onto Tabor Rd	367.4	55.6	2.5
Left onto Champlain St/Town Hwy 11	369.9	58.1	260ft

Destination will be on the right	370.0	58.1	
Lakewood Campgrounds 122 Champlain St, Swanton, VT 05488	370.0	0.0	
Head northwest on Champlain St/Town Hwy 11 toward Tabor Rd	370.0	0.0	0.9
Right onto Lakewood Dr/Town Hwy 53. Continue to follow Lakewood Dr	370.9	0.9	2.2
Left onto VT-78 W	373.1	3.1	2.9
Slight right onto Alburg Recreational Rail-Trail	376.0	6.0	1.6
Right onto Carle St	377.6	7.6	0.2
Left onto Champlain St	377.8	7.8	750ft
Right onto US-2 W/N Main St	377.9	7.9	0.6
Right onto Missile Base Rd	378.5	8.6	70ft
Left onto Town Hwy 55	378.6	8.6	240ft
Destination will be on the right	378.6	8.6	
Bush Cemetery 1 Missile Base Rd, Alburgh, VT 05440	378.6	0.0	
Head north on Town Hwy 55 toward US-2 E	378.6	0.0	190ft
Right onto US-2 W. Entering New York	378.6	0.0	3.6
Left onto Montgomery St	382.2	3.6	0.6
Continue onto State St	382.8	4.2	490ft
Left onto Maple St	382.9	4.3	520ft
Right onto Chapman St	383.0	4.4	0.4
Continue onto Prospect St	383.4	4.8	1.4
Slight left	384.8	6.2	0.6
Left onto NY-276 E	385.4	6.8	0.3
Continue onto Mason Rd	385.8	7.2	0.7
Slight right to stay on Mason Rd	386.5	7.9	2.1
Right onto NY-9B W	388.6	10.0	0.7
Left onto Stetson Rd	389.3	10.7	2.9
Left onto N Farm Rd	392.2	13.6	0.6
Right onto Minkler Rd	392.8	14.2	0.9
Right onto Old Rte 191	393.7	15.1	70ft
Left onto Minkler Rd	393.7	15.1	1.0
Slight right onto Lake Shore Rd	394.7	16.1	3.2
Destination will be on the right	398.0	19.3	
Monty's Bay Campsites 715 Lake Shore Rd, West Chazy, NY 12992	398.0	0.0	
Head southeast on Lake Shore Rd toward Reynolds Rd	398.0	0.0	3.4
Right onto Point Au Roche Rd	401.3	3.4	1.7
Left onto US-9 S/New York State Bicycle Rte 9. Pass by the gas station (on the right in 6 km)	403.0	5.0	5.1

Left onto Cumberland Ave/Empire State Trl/New York State Bicycle Rte 9. Continue to follow Empire State Trl/New York State Bicycle Rte 9	408.1	10.1	1.1
Left onto Bridge St/Empire State Trl/New York State Bicycle Rte 9. Continue to follow Empire State Trl	409.2	11.2	0.6
Left onto Empire State Trl/Terry Gordon Bike Path	409.8	11.8	0.2
Continue straight to stay on Empire State Trl/Terry Gordon Bike Path	410.0	12.0	0.7
Slight left to stay on Empire State Trl/Terry Gordon Bike Path. Continue to follow Empire State Trl	410.7	12.8	0.6
Left onto Empire State Trl/Nevada Oval	411.3	13.4	520ft
Left onto US-9 S/Empire State Trl/New York State Bicycle Rte 9/U.S. Ave. Continue to follow US-9 S/Empire State Trl/New York State Bicycle Rte 9	411.4	13.5	0.9
Left onto Valcour Blvd	412.3	14.4	60ft
Right onto Lakeshore Dr	412.3	14.4	0.4
Right onto Champlain Dr	412.8	14.8	70ft
Left onto US-9 S	412.8	14.8	5.3
Left onto Adirondack Park	418.1	20.2	150ft
Continue onto Ausable Point Rd	418.1	20.2	0.9
Destination will be on the left	419.1	21.1	
Ausable Point Campground 3346 Lakeshore Drive, Peru, NY 12972	419.1	0.0	
Head west on Ausable Point Rd	419.1	0.0	0.9
Left onto US-9 S	420.0	0.9	0.4
Right onto NY-442 W	420.4	1.4	660ft
Left onto Jabez Allen Rd	420.6	1.5	1.1
Right onto Sullivan Rd	421.7	2.6	0.4
Left onto Fuller St	422.1	3.0	2.2
Continue straight onto Arthur Rd	424.3	5.3	1.8
Right onto Union Rd	426.1	7.1	720ft
Left onto Harkness Rd	426.3	7.2	2.3
Continue onto Clintonville Rd	428.6	9.5	3.4
Continue onto Dry Bridge Rd	431.9	12.8	5.3
Right toward Silver Lake Rd	437.3	18.2	80ft
Right onto Silver Lake Rd	437.3	18.2	2.1
Slight left to stay on Silver Lake Rd	439.3	20.3	1.0
Slight left onto Haselton Rd	440.3	21.2	490ft
Left onto Haselton Rd/Wilmington Rd. Continue to follow Haselton Rd	440.4	21.3	6.6
Continue onto Black Brook Rd	447.0	27.9	560ft
Continue onto Springfield Rd	447.1	28.0	1.9
Right onto Fox Farm Rd	449.0	29.9	0.9
Left onto NY-86 W	449.8	30.8	1.2

Destination will be on the right	451.1	32.0	
Wilmington Notch Campground 4953 NY-86 Scenic, Wilmington, NY 12997	451.1	0.0	
Head southwest on NY-86 W toward River Rd	451.1	0.0	7.5
Right onto Cobble Hill Rd	458.6	7.5	0.4
Right onto Northwood Rd	459.0	7.9	0.4
Right onto Mirror Lake Dr	459.3	8.3	1.1
Right onto NY-86 W/Saranac Ave/Sara-Placid Rd. Continue to follow NY-86 W/Sara-Placid Rd	460.4	9.3	5.0
Left	465.4	14.3	80ft
Destination will be on the left	465.4	14.3	
Meadowbrook Campground 1174 NY-86, Ray Brook, NY 12977	465.4	0.0	
Head north toward NY-86 W	465.4	0.0	80ft
Left onto NY-86 W	465.4	0.0	0.5
Slight right onto Mc Kenzie Pond Rd	465.9	0.5	2.3
Continue onto Pine St	468.2	2.8	0.8
Left onto Main St	469.0	3.6	0.4
Right onto Broadway. Pass by Community Bank, N.A. (on the right)	469.4	4.0	720ft
Left onto Olive St	469.6	4.2	0.4
Continue onto Adirondack Park	470.0	4.6	0.2
Right to stay on Adirondack Park	470.2	4.8	0.3
Right onto Edgewood Rd	470.5	5.1	620ft
Right onto Ampersand Ave	470.6	5.2	660ft
Left onto Forest Home Rd	470.7	5.3	8.1
Continue onto Fish Hatchery Rd	478.9	13.5	0.5
Right	479.4	14.0	0.3
Little Green Pond Fish Hatchery Rd, Paul Smiths, NY 12970	479.7	14.3	
Destination will be there	479.7	14.3	
Head south toward Fish Hatchery Rd	479.7	0.0	0.3
Right onto Fish Hatchery Rd	480.0	0.3	590ft
Right onto NY-30 S	480.1	0.4	1.1
Slight left onto County Rte 46	481.1	1.4	1.0
Left onto NY-30 S	482.1	2.4	3.4
Right onto Adirondack Park/Adirondack Park Preserve	485.5	5.9	390ft
Right to stay on Adirondack Park/Adirondack Park Preserve	485.6	5.9	1.5
Sharp right to stay on Adirondack Park/Adirondack Park Preserve	487.1	7.4	1.5
Right onto Rollins Pond Campsite	488.6	8.9	0.2

Right onto Adirondack Park/Adirondack Park Preserve	488.8	9.1	0.4
Destination will be on the left	489.2	9.6	
Rollins Pond Campground 4523 State Route 30, Saranac Lake, NY 12983	489.2	0.0	
Head east on Adirondack Park/Adirondack Park Preserve toward Rollins Pond Campsite	489.2	0.0	0.4
Left onto Rollins Pond Campsite	489.7	0.4	0.2
Left onto Adirondack Park/Adirondack Park Preserve	489.9	0.7	3.3
Right onto NY-30 S	493.2	3.9	4.5
Right onto NY-30 S/State Rte 3 W	497.7	8.5	3.0
Right onto Dugal Rd	500.8	11.5	0.7
Left onto Old Wawbeek Rd	501.5	12.2	0.4
Right	501.9	12.6	0.2
Left	502.0	12.8	0.3
Left	502.3	13.1	190ft
Right	502.4	13.1	0.2
Left onto Hosley Ave	502.6	13.3	0.2
Right onto NY-30 S/State Rte 3 W/Park St	502.8	13.5	0.6
Right onto Rounds Ave	503.3	14.1	490ft
Left onto E Rounds St	503.4	14.2	360ft
Right onto Boyer Ave	503.5	14.2	820ft
Left onto Pleasant Ave	503.6	14.4	590ft
Right onto McLaughlin Ave	503.7	14.5	1.1
Continue onto Leboeuf St	504.9	15.6	0.4
Left onto Adirondack Park/Adirondack Park Preserve	505.3	16.1	430ft
Slight right at Webb Rd	505.4	16.1	790ft
Right onto Depot St	505.5	16.3	230ft
Right onto Main St	505.6	16.3	390ft
Right onto Washington St	505.6	16.4	0.6
Left onto 4th Ave/Little Wolf Rd. Continue to follow Little Wolf Rd	506.2	17.0	0.3
Slight right to stay on Little Wolf Rd	506.6	17.3	0.2
Left	506.8	17.5	270ft
Destination will be on the left	506.8	17.6	
Little Wolf Beach 105 Little Wolf Rd, Tupper Lake, NY 12986	506.8	0.0	
Head east toward Little Wolf Rd	506.8	0.0	270ft
Right onto Little Wolf Rd	506.9	0.1	850ft
Slight left to stay on Little Wolf Rd	507.0	0.2	0.4
Right onto Washington St	507.4	0.6	0.6
Left onto Main St	508.0	1.2	390ft
Left onto Depot St	508.1	1.3	230ft

Left at Oak St	508.1	1.3	790ft
Continue onto Adirondack Park/Adirondack Park Preserve	508.3	1.4	430ft
Right onto Leboeuf St	508.3	1.5	0.4
Continue onto McLaughlin Ave	508.8	2.0	1.6
Right onto Broad St	510.4	3.6	0.2
Left onto 1st St	510.6	3.8	0.2
Right onto Stetson Rd	510.8	4.0	250ft
Left onto NY-30 S	510.9	4.1	290ft
Slight left onto Raquette River Dr	510.9	4.1	1.1
Left onto NY-30 S	512.0	5.2	1.7
Slight right onto Maddox Ln	513.7	6.8	0.2
Right onto NY-30 S	513.9	7.1	460ft
Right onto Charland Rd	514.0	7.2	0.4
Right onto NY-30 S	514.4	7.6	7.6
Right onto Circle Rd	522.0	15.2	3.7
Destination will be on the left	525.7	18.8	
Buck Mountain Fire Tower Trailhead 448 Sabattis Rd, Long Lake, NY 12847	525.7	0.0	
Head southeast on Circle Rd toward NY-30 N	525.7	0.0	2.2
Right onto NY-30 S	527.9	2.2	4.5
Right onto Tupper Rd	532.4	6.8	70ft
Destination will be on the right	532.4	6.8	
Lake Eaton Campground 1671 Tupper, Lake St, Long Lake, NY 12847	532.4	0.0	
Head northeast on Tupper Rd toward NY-30 S	532.4	0.0	70ft
Right onto NY-30 S	532.4	0.0	2.1
Right onto Main St	534.6	2.1	0.4
Right onto NY-28N W/NY-30 S/Deerland Rd. Continue to follow NY-28N W/NY-30 S	535.0	2.5	10.6
Left onto NY-28 N/NY-30 S	545.6	13.2	1.6
Slight right onto Old Rte 28	547.2	14.8	0.8
Right onto NY-28 N/NY-30 S	548.0	15.6	0.6
Right	548.6	16.2	0.2
Destination will be on the right	548.9	16.4	
Lake Durant State Campground 3444 State Rd, Blue Mountain Lake, NY 12812	548.9	0.0	
Head east toward NY-28 N/NY-30 S	548.9	0.0	0.2
Right onto NY-28 N/NY-30 S	549.1	0.2	8.3
Right onto NY-30 S/Sabael Rd	557.3	8.5	0.6
Left onto Big Brook Rd	557.9	9.0	0.5
Left	558.4	9.6	110ft
Destination will be on the right	558.4	9.6	

Thornbush Acres RV Park 211 Big Brook Rd, Indian Lake, NY 12842	558.4	0.0	
Head northwest toward Big Brook Rd	558.4	0.0	110ft
Right onto Big Brook Rd	558.5	0.0	0.5
Left onto NY-30 S	559.0	0.5	3.9
Slight left onto Lakeshore Dr	562.9	4.5	0.9
Slight left onto NY-30 S	563.8	5.3	6.6
Right onto Quaker Rd	570.4	11.9	280ft
Destination will be on the right	570.4	12.0	
Lewey Lake Campsite NY-30, Sabael, NY 12864	570.4	0.0	
Head north toward Quaker Rd	570.4	0.0	20ft
Slight right onto Quaker Rd	570.4	0.0	260ft
Right onto NY-30 S	570.5	0.1	10.5
Right onto Old Indian Lake Rd	581.0	10.6	0.2
Slight right onto Page St Spur	581.2	10.8	0.2
Left to stay on Page St Spur	581.5	11.1	0.3
Right onto NY-30 S	581.8	11.4	1.6
Right onto Downey Ave	583.4	13.0	0.2
Slight right onto S Shore Rd	583.6	13.2	0.3
Continue onto Gilmantown Rd	583.9	13.4	7.7
Right onto NY-30 S	591.6	21.1	11.7
Left onto Old Northville Rd	603.3	32.9	2.4
Continue onto Old State Rd	605.7	35.3	1.5
Continue onto Reed St	607.2	36.7	0.3
Right onto Fourth St	607.4	37.0	0.3
Right onto Bridge St	607.7	37.3	0.4
Left onto County Hwy 152	608.1	37.7	1.1
Left to stay on County Hwy 152	609.1	38.7	0.6
Slight left onto Houseman St	609.7	39.3	1.1
Destination will be on the right	610.8	40.4	
Northampton Beach Campground 328 Houseman St, Mayfield, NY 12117	610.8	0.0	
Head northwest on Houseman St toward Ruff Rd	610.8	0.0	1.1
Continue onto County Hwy 152	611.9	1.1	0.6
Right to stay on County Hwy 152	612.5	1.7	1.1
Right onto State Hwy 920H/Bridge St. Continue to follow Bridge St. Pass by NBT Bank (on the right in 800m)	613.6	2.7	0.6
Left onto N Main St	614.2	3.4	120ft
Right onto Water St	614.2	3.4	0.4
Right onto Ridge Rd	614.6	3.8	0.8
Left onto Tennantville Rd	615.4	4.6	1.2
Right onto Johnson Rd	616.6	5.8	0.7

Left onto Northville Rd	617.4	6.5	2.4
Left onto S Shore Rd	619.7	8.9	750ft
Right onto Fox Hill Rd	619.9	9.1	6.8
Continue onto Lake Desolation Rd	626.7	15.9	5.5
Slight left to stay on Lake Desolation Rd	632.2	21.4	2.1
Left onto Middle Grove Rd	634.2	23.4	2.1
Right onto Stone Church Rd	636.3	25.5	0.2
Left onto Brandell Ln	636.5	25.6	0.3
Left onto Kircher Rd	636.8	26.0	0.6
Right onto N Milton Rd	637.4	26.6	1.1
Continue onto Hoffman Rd	638.5	27.7	0.4
Left onto Grand Ave	638.9	28.0	0.8
Right onto Rowland St	639.7	28.8	0.4
Left onto Adams Rd	640.1	29.2	1.6
Right onto Cady Hill Blvd	641.7	30.9	150ft
Left	641.7	30.9	0.7
Right onto Ballston Ave	642.5	31.6	70ft
Left onto Avenue of the Pines	642.5	31.7	60ft
Saratoga Spa State Park 19 Roosevelt Dr, Saratoga Springs, NY 12866	642.5	31.7	
Head east on Avenue of the Pines	642.5	31.7	490ft
Left	642.6	31.8	60ft
Left	642.6	31.8	2.2
Right onto Geyser Rd	644.8	33.9	0.5
Left onto Rowland St	645.2	34.4	2.4
Slight left onto Milton Ave	647.6	36.8	660ft
Left onto South St	647.7	36.9	70ft
Right onto Doubleday Ave	647.7	36.9	270ft
Continue onto Milton Ave	647.8	37.0	0.4
Left onto Malta Ave	648.2	37.4	0.2
Right onto Chapman St	648.4	37.6	720ft
Right onto Eastern Ave	648.5	37.7	0.3
Left onto E High St	648.9	38.0	0.3
Right onto Oak St	649.1	38.3	0.3
Continue onto Zim Smith Mid-County Trail	649.5	38.6	8.8
Right onto Coons Crossing Rd	658.2	47.4	180ft
Left onto Zim Smith Trl	658.3	47.4	2.5
Continue onto Elizabeth St Exd	660.8	49.9	0.3
Continue onto Elizabeth St	661.1	50.3	0.2
Continue onto N 2nd Ave	661.3	50.5	0.3
Left onto Park Ave	661.6	50.8	0.2
Right onto Empire State Trl/South Main St	661.8	51.0	1.5

Left onto US-4 S	663.3	52.5	1.5
Right onto Empire State Trl/Upper Newtown Rd	664.8	54.0	0.2
Left onto Empire State Trl/Old Champlain Canal Trail	665.1	54.2	3.0
Left onto Empire State Trl/Schoolhouse Ln	668.1	57.3	430ft
Right onto Bells Ln N/Empire State Trl	668.2	57.4	0.3
Keep right to stay on Bells Ln N/Empire State Trl	668.5	57.7	110ft
Right onto Clute St/Empire State Trl	668.6	57.7	120ft
Left onto Empire State Trl/Old Champlain Canal Trail. Continue to follow Empire State Trl	668.6	57.8	1.7
Left onto Empire State Trl/Middle St. Continue to follow Middle St	670.3	59.5	0.2
Right onto Second Street	670.5	59.7	520ft
Slight left onto Empire State Trl	670.6	59.8	40ft
Slight right to stay on Empire State Trl	670.6	59.8	0.6
Slight right to stay on Empire State Trl	671.2	60.4	0.5
Left onto Empire State Trl/Ontario St	671.7	60.9	40ft
Right onto Delaware Ave/Empire State Trl/Railroad Dr	671.7	60.9	0.6
Right onto Empire State Trl	672.4	61.5	1.1
Left onto Empire State Trl/Tibbits Ave	673.4	62.6	430ft
Right onto George St	673.5	62.7	0.8
Right onto Albany Ave/Empire State Trl. Continue to follow Empire State Trl	674.3	63.5	0.3
Left onto Broadway/Empire State Trl	674.6	63.8	1.8
Left onto Empire State Trl	676.4	65.6	0.6
Continue straight onto Empire State Trl/Mohawk Hudson Hike Bike Trail. Continue to follow Empire State Trl	677.0	66.2	4.5
Left to stay on Empire State Trl	681.5	70.7	20ft
Left onto Empire State Trl/Mohawk Hudson Hike Bike Trail	681.5	70.7	950ft
Right onto Empire State Trl	681.7	70.8	40ft
Left onto Empire State Trl/New York State Bicycle Rte 5/New York State Bicycle Rte 9	681.7	70.8	0.6
Left onto Broadway	682.2	71.4	720ft
Right onto Herrick St	682.4	71.5	720ft
Right onto Passenger Drop Off Restricted usage road	682.5	71.7	310ft
Albany-Rensselaer 525 East St, Rensselaer, NY 12144	682.6	71.7	
	682.6	71.7	
	682.6	71.7	
	682.6	71.7	
	682.6	71.7	